



General information and categories of published texts

The current publisher of the journal *Przegląd Psychologiczny* is the Polish Psychological Association and the University of Warmia and Mazury in Olsztyn. We accept papers on a variety of subjects related to psychology and its related disciplines. Our journal is addressed to both scientists and practitioners. Each paper is published in *Przegląd Psychologiczny* in two language versions: Polish and English.

The papers may take the form of:

- empirical or theoretical articles (the size of the text together with tables, diagrams, abstract and bibliography should not exceed 40 000 characters with spaces)
- short research reports (the text should be between 20 000 and 22 000 characters including tables, graphs, summary and bibliography)
- reports and reviews (text should not exceed 10 000 characters with spaces).

The publishing process from the authors' perspective

Submission

After ensuring that the text meets the substantive and formal requirements described below, Authors submit a text (in one language: Polish or English) via the platform <https://czasopisma.uwm.edu.pl/index.php/pp> ("Make a submission" button).

Amendments to the text

After the submission of the text, the Editorial Board decides about its further development, including submission of the text for review. If the text has received positive or conditionally positive reviews, i.e. suggesting that suggested changes be made to the text, the Editorial Office asks the authors to respond to the reviews and make corrections to the text. Please return author corrections in a timely manner. All changes to the original manuscript made by the Authors at this stage should be marked in blue font. Please do not use colored underlining for this purpose. Please be careful when making corrections to the text at this stage of the publishing process.

Actions following acceptance of the text for publication

Only after the text has been reviewed, corrections have been made and the editors have accepted the final version of the text, the authors

- make a second language version of the text (at their own expense)
- once again provide the Editor with each graphic used in the manuscript, this time in the form of separate graphic files (in any format, at the highest possible resolution, with information about the software used to produce the graphic)

o please note that if figures and diagrams contain words or numbers, twin versions in a second language should also be prepared

o if authors use graphical materials which are not their own, they are obliged to provide formal consent to reprint/use them in their own work

While preparing the second language version of the text, the authors are requested to send to the Editorial Office a printed declaration of authorship signed by each of the authors (document to download: Declaration). The statement should be sent by regular mail to the following address:

Editorial Board *The Review of Psychology*

University of Warmia and Mazury, Faculty of Social Sciences
Prawocheńskiego str 13
10-725 Olsztyn, Poland

(room 131)

Content requirements

- Empirical articles can be published either on the basis of exploratory research or verifying scientific hypotheses. This should be clearly declared by the authors.
- The introduction should contain the necessary theoretical information and reports from previous research, which authorize the Authors to pose the problem addressed in the text and formulate questions (in the case of exploratory research) or research hypotheses (in the case of verification research). Each hypothesis set by the Authors should be justified.
- In the case of texts presenting own empirical research, the Method section should include information on the power analysis conducted and the associated justification of the sample size.
- The sample should be described as accurately as possible, not limited to the number of respondents, gender distribution and mean age.
- The description of the psychometric tools used must necessarily include information about their psychometric values and the description of the research procedure (e.g. experimental) must be sufficiently clear and comprehensive to allow replication of the study.
- When describing psychometric tools, it is essential to cite textbooks or articles on them. Moreover, if the respondents were tested with psychological tests in non-original language versions, the authors of the translation should always be given, making it clear whether we are dealing with a full adaptation of the test or only with its translation. Whenever possible (apart from the text describing the original version of the instrument), reference should be made to the source from which the authors found out about the exact version of the test they used in their study.
- The description of the static analysis methods used should include the purpose of using each method of analysis (in this particular study), as well as the criterion based on which this method of analysis was chosen from among the alternatives.
- The description of the results of empirical studies should be consistent with the standards currently used in psychology, i.e. include all necessary information required for the presentation of the results of statistical analyses (e.g. coefficients of statistical tests, degrees of freedom, confidence intervals, effect sizes, and others).
- In exceptional cases (especially with a small sample size), effects for which $p < 0.10$ can be interpreted as significant, indicating that these effects would not be significant at the usual level of significance. One-sided significance should be used only in the verification of theoretically justified directional hypotheses.
- In the last section of the relevant part of the text, the authors should first of all substantively address the results obtained in direct relation to the research questions or hypotheses formulated earlier. The second part of the discussion should also include information about the limitations of the presented research (including an assessment of the possibility of generalizing the results) and recommendations for future research. If the study was exploratory in nature, its results should be treated as a proposal of a model presented to the community of researchers, rather than as a verified theory.
- As agreed by editors of Polish psychological journals, we kindly ask you to pay attention to whether the text cites Polish articles important for the analyzed issues, published both in domestic and foreign journals.

Formal requirements

Ignoring the formal requirements may prevent the publication of a text that has received a positive review.

At the stage of submission to the Psychological Review, the text must meet the editorial standards of the American Psychological Association, described (with an indication of the formal differences between texts in English and Polish) in the guidebook by E. Skimina, J. Harasimczuk & J. Cieciuch (free download from: <https://apa7.liberilibri.pl/>).

Types of files

When submitting a text, it should be attached to the publisher's platform in two separate files:

FILE 1: title page containing, in sequence:

- title of the text
- first and last names of the authors
- affiliations of all authors (full names of universities, institutes)

- ORCID numbers of all the authors
- indication of the corresponding author and their full contact details (full postal address: street, building and apartment number, postal code, city, country; e-mail address)
- indication of the corresponding author and his/her full contact details (full postal address: street, building and apartment number, postal code, city, country; e-mail address)
- source of funding for the publication (if the publication was not funded, use the notation: "Source of funding for publication: not applicable")
- the entities that contributed to the publication and their share (if no entity contributed to the publication, use the notation: "Entities that contributed to the publication: not applicable")
- information on the possibility of a conflict of interest (in the case of a multi-author submission, information should be provided for each author separately; if the possibility of a conflict of interest exists, appropriate explanatory information should be provided; if it does not exist, the following entry should be used: "Possibility of conflict of interest: not present")
- optional: acknowledgements and other important information which should not appear in the anonymised file 2

FILE 2: anonymized manuscript (not including personal information that would allow identification of the Authors)

Formatting of the files

The electronic files mentioned above should be prepared in Microsoft Word and submitted in DOCX format:

- font type and size: Times News Roman (12)
- text alignment to the left margin (not both); line spacing size: 2
- All automatic additional space between paragraphs and/or headings: 0
- All automatic additional space between headings and paragraphs: 0
- All page margins: 2,5 cm
- in page headings: first word of title (in capitals); in footings: page numbers (in Arabic numerals)
- footnotes supplementing the main text: preferably none or reduced to the minimum necessary

Manuscript structure

The manuscript file for the empirical article and short research report should contain the following sections in the order indicated below:

- Title of the article without the authors' names (page 1)
- Abstract of up to 250 words including four sections: Purpose, Method, Results, Conclusion (page #2)
- Key words (4 to 6) listed after a comma immediately below the abstract (page 2)
- Relevant section (starting on page #3):
 - Introduction - topped by the formulation of the research problem and research hypotheses with their justification (not applicable to exploratory research). Subsections should be introduced if it improves the communication of the text.
 - Method - obligatory subchapters:
 - Subjects
 - Measuring tools
 - Research procedure
 - Methods of data analysis
 - Results (use subsections if necessary to improve the communication of the text)
 - Discussion (include subsections if necessary to make the text more readable)
 - Bibliography
 - Tables (one per page)
 - Figures (one per page)
 - Appendices (each should start on a new page)

The theoretical article and review article file should contain the following sections in the order listed:

- Title of the article without the authors' names (page 1)
- Abstract of up to 250 words including three sections: Purpose, Thesis, Conclusion (page #2)
- Key words (4 to 6) listed after a comma immediately below the abstract (page 2)
- The body of the paper (starting on page #3):
 - Introduction including the purpose(s) of the paper and the problem being analyzed

- Analysis part containing thesis statement(s), presented data and polemics
- Discussion, including a summary with main conclusions
- Bibliography
- Tables
- Figures
- Appendices

Ethical standards

The Review of Psychology is committed to the highest ethical standards for publishing scientific papers. Please review the ethics of publishing texts in our journal.